



EVENINGS AT JILLS

BRITISH STARTERS

CREAMY GARLIC MUSHROOMS £5.25
on warm cut toast (vegan)

BACON AND BLUE CHEESE SALAD £4.95
with classic French Dressing

HOMEMADE SOUP OF THE DAY £4.95
with crusty fresh bread and welsh butter

SPECIALTY BREAD £4.95
Humus Olives, olive oil balsamic syrup

JAMAICAN STARTERS

SALT FISH FRITTERS £5.95
A mixture of salted cod, peppers, onions + spices in a crispy batter. Served on a bed of green leaves with mint, mango and chilli coulis

ACKEE AND SALT FISH £5.95
GF WITHOUT THE DUMPLINGS
Jamaica's National dish (rated #2 worldwide National Geographic 2016) which is the Ackee fruit sautéed with salted cod, combined with spices. Served with fried dumpling and fried plantain

ACKEE AND MUSHROOMS £5.95
VEGAN + GF WITHOUT THE DUMPLINGS
A vegetarian twist to Jamaica's national dish combined with spices. Served with fried dumpling and fried plantain

JILL'S REGGAE BEEF £5.95
Caribbean spiced minced beef served on a bed of lettuce leaves, A Jill's Favourite

JAMAICAN STARTERS cont..

JAMAICAN PATTIES £3.95
A choice of either beef, vegetable or chicken served with slaw and salad

JERK BABY RIBS £5.95
Meaty jerk pork ribs which fall off the bone and explode with flavour! with salad

FUSION BURGERS

JILL'S REGGAE BURGER £10.95
8oz Jerked Beef Burger jerk spices with cheese and pineapple, filled with salad + jerk mayo served with chips

DUNNS RIVER BURGER £10.95
8oz Beef Burger with Bacon and Mozzarella cheese, salad and onion rings served with chips

KINGSTON CHICKEN BURGER £10.95
Chicken burger with Bacon and Mozzarella served with salad and chunky chips

VEGETARIAN + VEGAN BURGER £10.95
Both options available

VEGETARIAN DISHES

(ALL VEGAN AND GLUTEN FREE)

ACKEE AND MUSHROOMS £11.95
A vegetarian twist to Jamaica's National dish combined with spices. Served with fried dumpling, fried plantain, mixed salad, rice and peas, or basmati rice

CALLALOO AND MUSHROOMS £11.95
Jamaica's alternative to spinach (without the bitter aftertaste) sautéed in our own aromatic spices with fried plantain, mixed salad, rice and peas, or basmati rice

FIVE BEAN CURRY £10.95
Combination five beans including kidney bean, black-eyed bean, butter beans cooked in Jamaican curry spices, coconut cream and served with rice and peas, fried ripe plantain and house salad

BRITISH MAINS

RIB EYE STEAK £16.95
An 8oz rib eye steak cooked to your personal idea of perfection. Served with your choice of pepper sauce or blue cheese sauce and chips.

RUMP STEAK £14.95
An 8oz rump steak cooked to your personal idea of perfection. Served with your choice of pepper sauce or blue cheese sauce and chips

RICH BEEF LASAGNE £10.95
A generous portion served with side salad and a choice of either garlic bread or fries

JILL'S MAINS

JAMAICAN JILL'S OWN JERK CHICKEN GF £10.95
Succulent marinated Chicken leg and thigh or breast and wing on the bone. Cooked with our special jerk spices. With mixed salad, a fried ripe plantain, jerk sauce, served with rice and peas

ACKEE AND SALT FISH £11.95
GF WITHOUT THE DUMPLING
Served with a fried plantain, a fried dumpling, mixed salad, rice and peas, or basmati rice

JILL'S CURRIED CHICKEN GF £10.95
Served off the bone at with fried ripe plantain, mixed salad, rice and peas, or basmati rice Jamaican

JERK BBQ BABY RIBS GF £14.95
Half rack of jerk pork ribs which fall off the bone and explodes with flavour. Served with salad and chunky chips or you may choose sweet potato fries at an extra cost

JFC!-JILL'S FRIED CHICKEN BITES £10.95
Chicken breast bites covered in Jamaican frying batter served with sweet chilli sauce, spicy slaw and chunky chips

JILL'S FAMOUS CURRIED GOAT GF £14.95
Slow cooked BONELESS goat marinated in our special spices melting in the mouth and full of flavour. Served with rice and peas, a fried ripe plantain and house salad

JILL'S MAINS CONTINUED....

JILL'S REGGAE BEEF GF £11.95
Caribbean spiced minced beef marinated in our special spices and full of flavour. Served with rice and peas, a fried ripe plantain and house salad A Jill's Favourite

FISH

CALLALOO FISH (NEW) GF £13.95
Whole bream filled with callaloo mixed spice and garlic slow cooked and served with Rice and peas

SIDES

SALT FISH FRITTERS £3.95

SCALLOPS £3.95

RICE AND PEAS £2.95

FRIED PLANTAIN £2.95

FRIED DUMPLINGS £2.95

SWEET POTATO FRIES £2.95

SPICY SLAW £1.75

DELICIOUS DESSERTS

HOMEMADE ICE CREAMS £4.95
Rum and Raisin, Rum and Coconut or Peanut

OTHER ICE CREAMS £3.95
Chocolate, Vanilla or Coconut

CRUMBLES served with Custard or Cream £4.25
Apple & Blackberry, Rhubarb or Apple

MANGO & COCONUT CHEESECAKE £4.25

CAKES £4.95
Gluten Free Chocolate Fudge Cake, Banana Cake, Chocolate Fudge Cake, Gluten Free Carrot Cake, Mango & Passion Fruit Sponge Cake

SOME OF THE DISHES CONTAIN BONES, SHELLFISH, NUTS, SESAME SEEDS, EGGS, MILK, SOYA, CELERY, CELERIAC, MUSTARD, SULPHUR DIOXIDE AND SULPHITES. **IF YOU WOULD LIKE ANY MORE INFORMATION PLEASE ASK YOUR SERVER.**

GF: GLUTEN FREE



TAKE AWAY MENU

55 Walter Road,
Swansea SA1 5QE

Book Now or Order:
01792 517762
07384 250113

www.jamaicanjills.com